

EAST BAY MEDICAL CENTER, P.C.
1401 Short Drive
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Obagi Radiance Peel
Information and Informed Consent

Patient Name: _____ Date: _____

Patients with active cold sores or warts, wounds, sunburn, excessively sensitive skin, dermatitis or inflammatory rosecea in the area to be treated should be excluded from the Radiance Peel. This procedure could potentially precipitate a flare up or may spread. Please notify us if you have any history of herpes simplex.

Patients with a history of allergies, rashes or other skin reactions may be sensitive to this treatment. Radiance Peel should not be performed on patients with an allergy to salicylates (aspirin).

This peel is not recommended if you have taken Accutane within the past year, or received chemotherapy or radiation therapy.

This procedure should not be administered to pregnant or breastfeeding (lactating) women.

One Week Before Your Radiance Peel

Avoid the following procedures for one week prior to your peel:

- a. Electrolysis b. Waxing c. Depilatory Creams d. Laser Hair Removal

Two to Three Day's Before Your Radiance Peel

- 1 Stop Using Retin-A, Renova, Differin (Adapalene 0.1%), or any products containing Retinol, AHA or BHA, Benzoyl Peroxide.
- 2 Do not exfoliate.

After Your Radiance Peel

1. Immediately after the peel your skin will be light yellow. This is temporary and will fade in 1 to 2 hours.
2. Patients with hypersensitivity to the sun should take extra precautions to guard against exposure immediately following the procedure. They may be more sensitive following the treatment.
3. Your skin may be more red than usual for 2 to 3 days. Please avoid strenuous exercise during this time.
4. Approximately 48 hours after the treatment, your skin will start to peel. This peeling will generally last 2 to 3 days. DO NOT PICK OR PULL THE SKIN.
5. When washing your face, do not scrub. Use a gentle cleanser that does not contain soap.
6. Apply light moisturizer, as often as needed to relieve dryness and tightness.
7. Use a sunscreen with an SPF of at least 20 and avoid direct sunlight for at least 1 week.
8. Do not have any other facial treatments for at least one week after your peel.
9. You may resume the regular use of Retin-A, alpha-hydroxy acid (AHA) products or bleaching creams ONLY after the peeling process is complete.
10. For best results, it may be recommended to get a Radiance Peel every 2-4 weeks for a total series of 4-6 peels.

Call the office immediately if you have any unexpected problems after the procedure.

I understand that the Radiance peel is not an exact science and the degree of improvement is variable. I understand that occasionally there is no improvement and another form of treatment may be required. By my signature below, I acknowledge that I read "Radiance Peel Information and Informed Consent" and understand it. I have been given the opportunity to ask questions and my questions have been answered to my satisfaction. I have been adequately informed of the risks and benefits of this treatment and wish to proceed with the Raniance Peel.

Date: _____

Patient Signature _____

Cosmetologist or N.P. Signature _____